



pRESPECT- Emergency Essential Support During lockdown

Our current service

While we are all staying home, pRESPECT will continue to support individuals to work towards career and job opportunities. Specifically, we aim to support ethnic minorities access sustainable jobs that require specific and in demand skills.

We will do this by:

- Accessing and contributing toward affordable relevant online course costs to boost skills
- Support with improving online presence, such as LinkedIn, which is now becoming the main place to find out what employers, recruiters and specific industries are doing during lockdown
- Providing career development focused one-to-one sessions
- Providing regular updates on industry and labour market news
- Running interesting how-to workshops such as; building websites, creating engaging PowerPoint presentations, live CV writing workshops and more.

Our expectations from individuals accessing our service:

- You take ownership of your journey with us.
- The final decision on what course you want to learn, or jobs you want to apply for, will be up to you
- That you keep a journal of your tasks and steps taken to achieve your goals
- That you use our website booking system to book one to one session with us
- That you treat pRESPECT staff and other individuals engaged with the project with patience, dignity and respect. We are a small organisation working very hard to support you in the limited ways we can, but we will not be able to answer all your needs. For instance, we are unable to provide you with a job, rather we can support you to find job opportunities and to make the best applications to them that you can.

How we are going to Support you during Lockdown

We are aware that some individuals in our group and communities are suffering in silence and not accessing all the community support available.

We are a small organisation and do not have a financial assistance fund, but we are putting aside limited funding to provide emergency food box delivery from:

[M&S Food Boxes](#)

[Morrisons Food Boxes](#)

[Faillte Food \(Glasgow based\)](#)



This support will depend on availability and priority of needs. Anyone that we cannot support we will try our best to signpost to another organisation.

Eligibility

- Have used or are a Prespect member (if not contact Viana for a chat)
- Can show evidence of having no access to other support services
- Have a working permit
- Priority will be given to families, individuals, and students from ethnic minority backgrounds

Before accessing us please try the following:

Glasgow Helps: <https://www.glasgowhelps.org/>

Edinburgh Community directory: <https://directory.evoc.org.uk/>

Citizen Advice Scotland <https://www.cas.org.uk/>



Please fill out the form with your details for access to our basic Covid-19 Food Support Fund.

Return the completed form to viana@prespect.co.uk
If you are struggling to fill in the form, please contact Viana

| | |
|---|--------------------------|
| Name | |
| Address | |
| City | |
| postcode | |
| Phone number | |
| Mobile (if different | |
| Email | |
| Do you have children? | Yes (how many) No |
| How did you hear about us? | |
| What other Emergency resources have you applied for? | |
| Are you currently seeking employment? | |
| What is your ethnic / cultural background? | |

I have read the above and filled out this form accurately to the best of my knowledge:
Signed: _____ Date: _____